



Beach Areas Men



Enjoying Naturism

of Southern California



Issue 86 ▼ January 2014

Fireside Chat

Can you help us have less hotel events and host an event at your home sometime?

Keep in mind the following perks if you do help us out...

We have a **new offer for event hosts** !

We're now offering the following, per event:

* A certificate for free admission at another home-based event. (Or \$5 off the door fee of a hotel-based event.)

* \$2 per paid attendee.

* Free membership for up to an additional year beyond your current membership OR a second free admission cert. (as above).

* Ask and you'll receive any help you need with house cleaning before the event. (Though I'm sure anyone doing much would appreciate a shower afterwards, before the event starts. He also will receive same perks as below.)

* At the event, we'll try our best to have someone deal with cleaning things up and trash, as needed. (They will receive free admission to your event, plus free membership, as above OR free admission to a future event, as above.) -Events with over 12 guys or those when a co-host cannot stay the full time, we'll have a 2nd guy co-host. (And if we ever have a large pool party, we'll try to have a 3rd or more!) -You will not need to request such assistance - only if you need help with vacuuming, dusting, mopping, or whatever before the event.

Alternatively to all the above, you're welcome to request a specific fee for the use of your place, but you'll need to be a current

member or the current basic membership fee will be deducted from said fee.

If you have any questions, comments, or concerns on this new policy, PLEASE ASK!

You're also welcome to offer any suggestions on this, if you think we can do better and/or are not offering at least the same as another SoCal brother club. ★

We're still very much looking for other opportunities for nude hiking, camping, and other hot spring trips!

If you know of a good place to hike, camp, or of a hot spring that is *preferably* less than 200 miles away, please let us know!

We're not only looking for places to do such, but for guys who can lead the way – and for such, esp. if you can also drive a carpool and give guys without the means to get there, we'll give you our host's current offer – free membership for up to a year! –Drop us a line (see last page for contact info) if you can help us out like this.

Keep in mind that most of the events currently scheduled are un-hosted, so if you would like to host an event on that date or near it, just let us know and we'll make any necessary changes! ▼

Classified Ads:

Member Looking for a Spare Room, Bed, or Even a Couch for Housekeeping, Cooking, & Other Services

John is currently in a very, very less than ideal living situation, and is looking for a place

he can live and help you out a bit as well. (BTW, he is not looking for someone to be any more than a friend, but isn't opposed to something more should it become mutually beneficial for us both.)

If you have a spare room or at least a bed or even a couch available, one of our guys is looking for a place to live for a while in exchange for services like cooking, cleaning, doing laundry, and some possible handyman services or yard work. He can even assist a disabled person in things like personal care, bathing, dressing, etc. He can also sweeten the deal by offering a good massage at least once a week and a body scrub as often as you wish. (Just like the spas do, only he doesn't ignore any body parts, unless you want something ignored.) ☺

He's a nice guy – the sort that can get along with anyone, unless you're trying not to get along. ;)

While his favorite artist is Enya, my volume levels of music or TV never bother anyone, and if ever he's awake and you're not, you'll never know it! He can also use headphones as needed.

Privacy is also important with me, and whatever goes on in your home & life won't ever be mentioned elsewhere.

Said place must be within about a mile of OCTA, LBT, MTA or other bus stops, and can be nearly anywhere in Orange County or Southern Los Angeles County. (Other areas might work out, especially if you are going to and can regularly offer rides to BA-MEN events.)

In exchange for your space, you'll also get a free membership in BA-MEN at least as long as he can stay there, and will need to do so at least until his SSD is granted. (At

which point he may move and/or offer you money for rent & utilities (incl. for the time already past there to continue living there.)

He will be getting his own food & have his own message phone, and can also offer a share of said food.

If you can help, please call John at 714-248-6833 24 hours & leave a message or e-mail doctor34@gmail.com. ★

Need a Personal Assistant or Valet? House or Pet Sitter? Computer Work? House-Cleaning? Handyman? Or ???

If you're looking for someone to help a disabled/semi-disabled person, house-sit, and maybe tend to your plants or animals (for example, he loves dogs & knows how to deal with aquariums), or if you're looking for some sort of help or work on your computer or other electronics, or perhaps need a new light switch installed, please contact John before you spend 2-100 times the amount on someone who might cramp your lifestyle.

Since I'm "one of you", I don't care if you have gay porn laying around, live with your boyfriend, or like to walk around the house nude! -In fact, if you do like to be nude at home, I will likely join you in doing so while there.

You don't have to worry about your liquor or food if you're looking for a house-sitter, as I don't drink, and will obtain my own food. -And you don't have to worry about someone maybe hosting wild parties or whatever... I'll respect your wishes, whatever they might be.

If you are interested, please call John anytime at 714-248-6833 & leave a message or e-mail him at doctor34@gmail.com. ★

Need a Massage?

John is trying to get back into the "swing of it", and while he's feeling a little "rusty", he's offering you a good discount!

1 hour (plus) of massage at your place (out-call), using your bed, with Swedish & Tantric techniques for only \$25.

A body scrub is also available with a massage for only \$5 more! (Or, free if he can use your shower and not have to bother bringing towels. But he will bring bodywash!)

Sorry, but in-calls are not available at this time - it must be at your place.

If you'd like a different amount of time or have a partner or roommate who wants to relax as well, please ask him about other rates.

Service is offered in most of Orange County & the greater Long Beach area (\$5 more in L.A. County other than some select areas of Long Beach), but will consider other areas depending on the amount offered if payment is made in advance online.

(Note this is not an offer for sex of any kind, so please don't ask. Also if it matters what your massage artist looks like, please don't contact him either.)

Please contact him at (714) 248-NUDE [(714) 248-6833] or doctor34@gmail.com. -And *please* speak-up if you leave a voice message, as several guys have called for one reason or another, but he could not understand the message or number to call you back at. ★



Your Ad Could Be Here !!!



Want to Submit a Classified Ad?

We feature *free* ads from members (or those paid for by others for a small fee that we accept for print).

If you wish like to feature an item for sale, a room for rent, your services to offer, etc, please get in touch with us via any method listed on the last page of this newsletter. ▼

Who is this Celebrity Guy?

In the last issue, the celebrity was actor Shemar Moore, reportedly taken while he was relaxing at a nude beach, one of the co-stars in TV's "Criminal Minds".

The answer to who is the guy shown here will be in the next issue.



A hint: He's been on TV for decades, but didn't have a regular part between the 1980's & 2013, and he's gay! ▼

Happy Birthday Wishes To:

David R. on 01/06. (There are no current member birthdays in Dec. or Feb.)

Become a member and get your birthday listed here too! ▼

Calendar of Events

(All Events Are *Tentative* - ***An RSVP for all is required!***)

To RSVP for any event, please click the following link or send email to that address, or call us via any hotline on the last page if you have no email. You may also contact us at this address if you have questions about the event that are not answered here.

BAMENclub+RSVP@GMail.com

Also, please take a moment to view our current polls online and help us shape the future of your club and our events:

<http://BA-MEN.Org/polls/>

Our pre-payment policy for any event is if you cancel by the event's RSVP deadline or if we should have to cancel the event, you will get your money back in full via the same online payment service, or via a bank issued check by mail after your payment has fully cleared. Late cancellations may still receive a refund if others pay to attend in your stead.

At this time, for all events that request pre-payment, you may pay via check or money order (by mail), PayPal, Serve, & PopMoney online, plus we also can directly charge your VISA, MasterCard, AmEx, or Discover credit or debit cards, or you can pay in person in cash. (Email or call to get our payment address or a location to meet us if using cash.)

All pre-payments are due no later than Noon on the Friday the week before the event for online payments & U.S. Postal Money Orders,

and all other checks & money orders are due by noon the Friday 2 weeks prior to the event. Payments in person *may* be accepted as late as Noon the Tuesday prior to the event.

BA-MEN provides a drug-free environment, and even things like "poppers" & "420" are not permitted at any time.

Also, unless otherwise noted, smoking (even cloves & e-cigs) are not permitted.

Sunday, January 12, 3pm-7pm Garden Grove Imperial Health Spa

***** Your RSVP is REQUIRED if you are attending with the group! *****

(You won't know where to find us or hear about any changes/cancellation in plans if you don't RSVP.)

Please DO NOT FORGET TO RSVP if you intend to attend! –Our last few Imperial Spa events have had ZERO RSVP's, so naturally I (your President) have not been there either!

If you plan to attend, please RSVP no later than Noon 1/10.

The Imperial Spa is located at:
8251 Garden Grove Bl.
Garden Grove, CA 92844
Phone: 714-530-0055

(Please call only for location or services info, and do not mention BA-MEN when calling.)

Cost: \$15 entry due to the spa at arrival, plus any optional services. (Not a penny goes to BA-MEN, but please remember we always request donations [look for your President to donate!] to help get our less fortunate guys into events like this one.) –If you have trouble affording this event, let us know, as we are offering spa passes for a donation.

Come and enjoy the many amenities of this Korean-style day spa, where virtually everyone goes nude. (Keep in mind this is an all ages spa, not a gay bath house, so it's not a place for sexual activity.)

The men's wet area features a dry sauna (on the hot side, but move away from the IR lamp to be a little cooler), steam room (fairly hot w/Eucalyptus), "Live Mineral" steam room (warm to mildly hot), a cold plunge, & fairly hot Jacuzzi.

Body scrubs (\$25 extra) are given in an alcove off the wet area by a male attendant wearing shorts only - you are nude.

Relaxation area has warm to rather warmly heated Jade & Salt Rooms, and cold, filtered water is on tap.

Spa provides all soap, shampoo, conditioner, & even shaving cream & disp. razors if wanted, as well as small towels (sized to cover the sauna & steam room benches), and robes, t-shirts, & shorts for the common/co-ed areas.

Note that massages or acupressure treatments are given by women in the common area.

They do have a juice & snack bar w/sodas, juices, & Asian soups & goodies for an extra fee, and a robe is needed here.

Please RSVP so we know you plan to attend, but feel free to go anytime they are open, 8am-10pm.

Be sure to RSVP so we can tell you who to look for in the men's area, otherwise we'll never know you were there if you don't come over and say "Hi!"

To RSVP, please email:

BCMEN1+RSVP+0112@GMail.com ★



Saturday, January 25, 5pm-10pm "A Return to Innocence": An "initialization into communal nudity" with Massage Exchange & Jacuzzi Soak

In Westminster (between Garden Grove & Huntington Beach), on Beach near Trask off the 22 Fwy. or between Garden Grove Bl. & Westminster Bl.

(If you're not interested in the "Initialization" ritual, you may come at 7pm or later for the massage exchange & socializing, but state this in your RSVP comments if so.)

If you plan to attend, please RSVP no later than Noon 1/21.

For extra privacy, the exact address will be given to RSVP'ers only.

The basic idea is to have everyone gather by a set time and two groups are formed...

One will be blindfolded and slowly undressed in a caring, trusting way.

The other group will be the ones doing the undressing.

Roles will be reversed at the completion of the first group's experience and all repeated.

Intimate touching is involved, but this is NOT a sexual experience. (If you object to touching any parts of your body, please say where when you RSVP.)

You may develop an erection at some point during the "initialization", but that's completely normal - we all understand the way a penis works and sometimes just wants to say it's enjoying things too. (Again, this is NOT a sexual event!)

The point of the exercise is to foster mutual trust & caring among men while being introduced to the concept of communal, casual nudity.

When the "initialization" is essentially over (est. 7pm), pizza or Chinese food will be ordered (which do you prefer? – enter in RSVP, please), for around a \$7 chip-in.

You're welcome to use the shower there whenever wanted (please bring your own soap/bodywash).

Also, as space is available, massage exchange time is available after the "initialization" as well. You may use the bed, floor space, or we'd love it if you can bring a massage table! (Let us know in the RSVP, and if you do, we'll give you a discount on the event.)

Bring your own: beverages, towels (1 to sit on at ALL times, plus 1 to dry off with after shower or massage & a large/beach towel or sheet if receiving massage), as well as a non-staining massage lotion, gel, or oil and bodywash or soap.

Also please bring snacks (chips, dip, cookies, deserts, or appetizers) to share. (Enter type you'll bring in your RSVP, please.)

PLEASE let us know when you might arrive, if not by 5pm!

If you take the bus or think you might need to crash there, limited space is available to those who may QUIETLY spend the night on a first come, first serve basis. (Mention this when you RSVP if so.)

Cost: If pre-paid by the deadline, a MAXIMUM of \$20 for paid members, \$25 for non-members; and a student or limited

income discount is avail. with membership, or free membership for non-members.

At the door, the rate will be a fixed at \$35 for members, or \$40 for all others with no discounts, assuming the event is a go and space is available.

You must pre-pay to guarantee your admission and the lowest door fee. And if pre-paid, you may get in for as little as \$10, depending on attendance & your membership status.

Those that RSVP will be given the basic address, but we'll need to call you (or you can call us) with the room # we're renting, so BE SURE to GIVE YOUR PHONE number when RSVP'ing for this event.

An "after-hours party" will be available for 2 hours following the event.

To RSVP, please email:
BAMENClub+RSVP+0125@GMail.com ★



**Saturday, February 8,
5pm-10pm
Workshop on Foreskin
Restoration & Body Scrubs
(with Jacuzzi soak & massage
exchange)**

In Westminster (between Garden Grove & Huntington Beach), on Beach near Trask off the 22 Fwy. or between Garden Grove Bl. & Westminster Bl.

If you plan to attend, please RSVP no later than Noon 2/4.

We will plan to begin this event with body scrub demonstrations (in main bath, so will do in groups as needed), showing & talking about what type of scrub mixes and cloths are available, and where you can find and/or make your own.

Following that and before the pizza is ordered, we will have demonstrations & discussion of foreskin restoration (for those of us who are either "cut", a bit tight, or those

who just want a little more of what they already have) in the main room using the Jacuzzi tub (with the jets off at least for the initial demo), which will include various devices & methods available, including a demonstration of a method that uses no devices or tape whatsoever, just hot water!

Both demonstrations will be repeated thru out the evening, as needed.

We please ask that anyone attending this event not be offended by anyone present with an erection - in fact that will be 100% necessary for the foreskin restoration demo, and all demonstrating (or being demonstrated on) the no-devices/tape method WILL BE REQUIRED TO GET AN ERECTION during the demonstration.

If you wish to be demonstrated on for body scrubs and/or foreskin restoration, please say so when you RSVP.

This event is planned for a private hotel room with an in-room Jacuzzi tub, as well as a separate shower that you can use to freshen-up with at any time. (Don't worry, this hotel is not a really small one that watches everyone coming and going... We've never had an issue here.)

We'll plan to have about 2 hours total for instruction & questions, a break for pizza (chip-in around \$7 if you want some), and then about 2 more hours of practice time where you can try your techniques, and for body scrubs, the one being worked on as well as the instructors can offer feedback on your work to improve it, if needed.

If that sounds like fun to you, please plan to pre-pay for the event... It's \$20 for members & first/second timers & brother club members, and \$25 for others.

At the door, the rate will be a fixed at \$35 for members, or \$40 for all others with no discounts, assuming the event is a go and space is available.

For this event, please plan to bring a total of 3 towels - 1 to sit on at all times, 1 to dry off with after showering or using the Jacuzzi, and another that's either a large beach towel, bath sheet, or even a flat bed sheet to use for massage, as well as a non-staining massage oil, lotion, or gel.

Please also bring your own beverages, snacks to share (if you want any), pizza chip-in (if you want pizza), and your door fee, if not pre-paid.

An "after-hours party" will be available for 2 hours following the event.

To RSVP, please email:
BAMENClub+RSVP+0208@GMail.com ★



**Sunday, February 23,
5pm-10pm
Touch Session with Massage
Exchange & Jacuzzi Soak**

In Long Beach, on PCH near Cherry & near LBCC Pacific Coast Campus.

(Note that this event allows intimate contact, however it is NOT A SEXUAL ACTIVITY event.)

If you plan to attend, please RSVP no later than Noon 2/18.

(For extra privacy, the exact address will be given to RSVP'ers only.)

FYI: You may develop an erection at some point during the event, but that's completely normal - we all understand the way a penis works and sometimes just wants to say it's enjoying things too. (Again, this is NOT a sexual event!)

The point of the event is to make friends with a deeper mutual trust & caring, and it's OK if you want to look for a boyfriend, too. ;)

This event is essentially the same as what another group refers to as a "puppy pile",

BAMEN: Beach Areas Men Enjoying Naturism of So. California

where guys can "connect" more closely, allowing some basic contact while (in their group) remaining clothed and not progressing to sexual activity while at the event. (In other words, cuddling, spooning, & basic touch/contact.)

Our "touch session" will allow for a more direct contact, doing the same with your clothing off!

You are free to "connect" with anyone there that you wish, but you must respect their boundaries. If someone is letting their hands or other body parts wander to somewhere you're uncomfortable with, please either ask them to stop or just take a gentle but firm grip on their hand (or other body part) and move it elsewhere... This extends to those with physical injuries & weaknesses, not just because of the way it makes you feel.

While during the scheduled event, no actual sexual activity is permitted, so we ask you to refrain from lip-to-lip kissing, all forms of penetration, and any actual masturbation or other sexual activity. (If you cannot abide by these limits, you may be asked to leave the event & not return.) We also ask that you help from spreading anything communicable by not touching anyone below their ankles (this can easily create jock itch or athlete's ft.), or their buttocks, and if you've not showered recently before arriving, please take a few minutes to do so on arrival.

You're also not permitted to do anything anyone may find painful, including any pinching or more than light squeezing. (Unless we're talking about massage techniques.)

Keeping the above in mind, it's OK to touch any external body part that your connection is OK with, including his penis & testicles. -But remember, please keep it friendly & not with a sexual intent during the event.

If you want to do more with your connection, you're welcome to exchange info and/or go home with one another at any time. (Or wait for the "after-hours party" following the event.)

Pizza or Chinese food will be ordered for delivery around 8pm (which do you prefer? - enter in RSVP comments, please), for around a \$7 chip-in.

You're welcome to use the shower there whenever wanted (please bring your own soap/bodywash).

Also, as space is available, massage exchange time is available as well. You may use the bed, floor space, or we'd love it if you can

bring a massage table! (Let us know in your RSVP, and if you do, we'll give you a discount on the event.)

Bring your own: beverages, towels (1 to sit on at ALL times, plus 1 to dry off with after shower or Jacuzzi & a large/beach towel or sheet if receiving massage), as well as a non-staining massage lotion, gel, or oil and bodywash or soap.

Also please bring snacks (chips, dip, cookies, deserts, or appetizers) to share. (Enter type you'll bring in your RSVP, please.)

If you take the bus or think you might need to crash there, limited space is available to those who may QUIETLY spend the night on a first come, first serve basis. (Mention this when you RSVP if so.)

Cost: If pre-paid as above, a MAXIMUM of \$20 for paid members, \$25 for non-members; and a student or limited income discount is avail. with membership, or free membership for non-members.

At the door, the rate will be a fixed at \$35 for members, or \$40 for all others with no discounts, assuming the event is a go and space is available.

You must pre-pay to guarantee your admission and the lowest door fee. And if pre-paid, you may get in for as little as \$10, depending on attendance & your membership status.

Those that RSVP will be given the basic address, but we'll need to call you (or you can call us) with the room # we're renting, so BE SURE to GIVE YOUR PHONE number when RSVP'ing for this event.

An "after-hours party" will be available for 2 hours following the event. (IE: You may engage in safe sex play then only. However, other than oral, no other penetration is allowed with any body part.)

Keep in mind what is not mentioned as off-limits here is OK to touch, as long as the one being touched allows it, that includes his chest, legs, back, shoulders, and yes, even his penis & scrotum, only keep in mind that the point of this type of touch is not to be sexual, but to allow for a better sort of male bonding, possibly to the point of finding a new boyfriend if you both wish, but we want to limit contact to not really be sexually driven so as to keep the event from becoming an orgy and driving some guys away.

To RSVP, please email:
BAMENClub+RSVP+0223@GMail.com ★



Upcoming Events:

Sun. 3/9: "A Return to Innocence" with Massage Exchange & Jacuzzi Soak in Long Beach.

Sat. 3/22: Touch Session with Massage Exchange & Jacuzzi Soak in Westminster.

Spring 2014, exact dates TBA: Tecopa Hot Springs/Death Valley Weekend Trip - See our polling page on our web site to vote for your preferred options for this trip. ▼

Membership Sale!

Our 11th Anniversary (12/21/13) Membership Sale is still on, and we're pleased to offer up to 50% off all memberships through Groundhog Day (2/2/14)!

Single person membership is now \$12 for 1 year (20% off), or pay the regular 1 year rate of \$15 for 2 years (that's 50% off).

If you're a college student or on a fixed/limited income, show us proof (we won't keep it or a copy), and you can become a member for \$5/year - or 38% off.

If you want to become a member for the rest of your lifetime, it's only \$50, half off the regular rate. (That's like paying for 3 1/3 years at the regular rate and getting the rest of your life for free!)

Membership for couples or you and a roommate are discounted the same... \$16/1 year, \$20/2 years, lifetime (couples/partners only) is \$75.

Keep in mind these rates are good for new memberships as well as renewals! ▼



BA-MEN Beach Areas Men Enjoying Naturism of So. California

To become a member and receive our monthly newsletter, see our web site, or please send the amount below, preferably via Money Order or guaranteed bank check, to the address in contact methods, and make it **payable to John E.**

Membership Form

Name(s) _____

Address _____

City _____

State _____

Zip _____

Phone (____) _____

E-Mail _____

Birthday Month & Day _____

Please check as appropriate:

Is this a: New Membership Renewal

Membership Options:

1 Year - Electronic Newsletter (e-mail/download): \$15/year

Partners or Roommates add \$5 for each to the above.

Lifetime - Electronic Newsletter \$100 sgl./\$150 cpl.

College Student or Limited/Fixed Income - Electronic Newsletter \$8/year (Contact us first!).

Would you like your:

Name & last initial on our members' contact list?

Yes No

Phone # listed also? Yes No

E-Mail Address also? Yes No

Would you permit your photo to be used in:

Our newsletter & online members only areas?

Yes No

Our public web site? Yes No

Other club's newsletters? Yes No

Can you offer or do you need a ride or wish to car-pool to events?

I can offer a ride. I need a ride.

I wish to car-pool.

For ride-sharing purposes, what area do you live in?

Nearest **Major** Intersection - N/S Street first, please:

City _____

Zip _____

How did you first learn about our group? (Be specific!)

• If you are interested in joining via **credit/debit card or electronic check**, please check our website, e-mail us, or call us at one of the numbers below for more information. You can join our club online at:

<http://BA-MEN.Org/signup/>

Our Group's Purpose

(Southern California) Beach Areas Men Enjoying Naturism (AKA **BA-MEN**) is a men's naturist/nudist social group. **Our focus is as a loosely organized social club, not a sex/adult activity club.** (Any sexual activities are at the discretion of the event's host, and we support only safe sex activities.)

Fees: In addition to our membership fees (see left column), we may collect a donation of anywhere from \$0 to \$10 per member, first time guest, or brother club member (with proof, please) per event, and \$5-\$15 per other non-member per event. -This does not take into consideration any additional donation for the host's or venue expenses. If you cannot afford the posted door fee, please let us know when you RSVP and we'll see if we can't help you out!

People: We are not a clothing-optional club, instead we **require nudity.**

We are a **private, not-for-profit** club that accepts males of all ages (as long as you are at least age 18), nationalities/race, sexual orientations, and religions.

It does not matter your body-type: Fat, skinny, tall, short, or whatever your penis size, you're always welcome at **BA-MEN!**

Guests, visitors from other clubs, and new members are **always** welcome!

Contact Methods:

• **E-Mail:** BAMENclub@GMail.com

Please also be sure to have the above addresses added to your "White" or "Approved" lists and check your spam or bulk mail folders to make sure it did not get caught there. (We've been having problems with Yahoo & AOL either trashing or deleting mail to or from us, so you might try another free service like GMail.com, a great free service from Google.

Feel free to also contact us at our secondary address:

BA-MEN@BA-MEN.Org

• **24 Hour VoiceMail Phone Numbers:**

Long Beach area: (562) 507-1-BA-MEN [(562) 507-1226]

Compton area: (424) 785-4-BA-MEN [(424) 785-4226]

Garden Grove area: (714) 643-BA-MEN [(714) 643-2263]

Laguna Beach area:

(949) 436-9-BA-MEN [(949) 436-9226]

Upcoming Event Info (Huntington Beach #): (657) 464-4-NUDE [(657) 464-4683]

All of our hotline numbers support incoming text (SMS) messages from cell phones, as well as voice messages.

• **US Mail:**

If you need to send us U.S. Mail, please e-mail or call us for a temporary mailing address.

For the **fastest** response, please contact us via e-mail.

• **Web Site:**

<http://BA-MEN.Org> (Temporarily limited site.)

• **Yahoo Group Forums & Mailing Lists:**

<http://groups.yahoo.com/neo/groups/BA-MEN/info>

And for members only:

<http://groups.yahoo.com/neo/groups/BAMEN-Members/info>

Announcements only:

<http://groups.yahoo.com/neo/groups/BAMEN-Announcements/info>

Event Details only:

<http://groups.yahoo.com/neo/groups/BAMEN-Calendar/info>

Newsletters only:

<http://groups.yahoo.com/neo/groups/BAMEN-Newsletters/info>

Newsletter: The deadline for submission of items is the 15th of the month prior to publication, or the 20th of the prior month if submitting online.

This newsletter is the official publication of (*Southern California*) **Beach Areas Men Enjoying Naturism** (AKA **BA-MEN**), and may not be used in part or in whole without prior written permission.

Recipients are asked to respect the privacy of the individuals named herein.

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