

Beach Areas Men

Enjoying Naturism

of Southern California



Issue 125 ▼ April 2017

Fireside Chat

BA-MEN is beginning our 15th year! Our 15th anniversary for the club being 12/21/17! (That date in 2002 was our very first event.)



Well, now I know what a broken wrist is like... A royal pain!

Fell the evening of 3/9 getting into the shower, and my right wrist got the bulk of my weight on it! Can't write worth a darn, and trying to do other things ain't fun, either.

On that note, if anyone wants an excuse to socialize nude and would like to come over, perhaps help me in the shower or something else, it would be appreciated... Especially about the 20th of April, when I normally get to work on the newsletter!

Check out the 3/31 or 4/8 for an idea of where I am these days in Garden Grove on the border with Santa Ana.

Also, while I'm "down" an arm, we'll not plan any spa events, so those meet 'n greets will return in the future.



There was one good thing happen this last month:



I found a killer deal on the original 4 "Aaron Star's Hot Nude Yoga" DVDs boxed with the first 4 "Aaron Star's Hot Nude Yoga Hawaii" DVDs .

Now these often go for \$50 per DVD on eBay, or nearly \$100 for either 4 DVDs, but I got all 8 for about 1/3rd that price!

Now all we need is someone with floor space to host the event with TV & DVD player acting as the instructor!

If you can help check out the hosting info at the end of this section... O just use our email address:
BAMENClub@GMail.com

Namaste!



We're now actively seeking a few good men to assist your President in club operations, and we're looking for guys that are either current or former members, as well as those that have attended at least 2 events in the last year as a guest to be eligible.

We'd like to have the assistance of 1 or more "secretaries" to help with email and/or voice mail to return phone calls.

In return you'll get free membership and other perks that I will not disclose in advance, as I'm not looking to appeal to those wanting a sort of hand-out.

Honestly, I can't see this taking more than 1-2 hours a month at present, unless it's hard to reach someone or they ask a lot of questions in email.

If you're interested, please email the club at: BAMENClub@GMail.com

(Note that if you take a week to get back to my reply, I will not consider you as a serious candidate unless you tell me you'll be on a trip or something.)



I've created a new Yahoo Group forum/ mailing list to solicit some feedback & suggestions from our members and guests

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about our web site & other things about the club.

If you'd like to offer your feedback & suggestions in an interactive forum about our web site and other club business, please write us directly at our main email address and request to be admitted to the new group & let us know if you want web or email-only access, as this will help get you access if you've restricted invites to Yahoo Groups on your account.

Our usual, preferred address is:
BAMENclub@GMail.com



As you know, we're trying to get new guys in our group, and I am hoping we will have the funds by May 1st so we can get some ads running in the *Blade* (is that one still being produced?), *Frontiers*, and perhaps *Adelante*, too.

If you can help us out to this goal, we're accepting "donations" in any amount, and while you can mail a few bucks in the US Mail, it would be safer and simpler (at least to me) to pay online (see the "Payment Policy" section on page 3 to see which we accept & other payment info... Feel free to email and suggest another if we don't have one you like!), and you can send checks & money orders, too.

Feel free to let us know if you'd like to be listed as a contributor or not in a future issue.



For those that are interested in a more intimate event than we usually offer (at least during the official event), check out this new group:

<https://groups.yahoo.com/neo/groups/OC/LB/NakedMen/info>

Orange County/Long Beach Naked Men will allow for a more intimate event than we normally do, and as such if anyone wants to host an event that's of that nature, it will be hosted under the guise of OC/LB Naked Men, rather than BA-MEN.

Check it out and see if some of the events planned there are of interest.

The Meetup sites for it and us are at this point temporary, unless someone wants to make donations to cover keeping Meetup.com sites going, as it costs \$20/month or \$15/month for 6 months paid in advance.

So, if you care to check them out, you may, but PLEASE do join the Yahoo Groups as a permanent site at the address to the left for OC/LB Naked Men and the address for us on the last page of this newsletter.

The (expected) temporary sites on Meetup are:

OC/LB Naked Men:

<http://www.meetup.com/OC/LB/NakedMen/>

BA-MEN:

<http://www.meetup.com/BA-MEN/>

Another new thing to help promote BA-MEN is we've got a group on Facebook:
<https://www.facebook.com/groups/bamen.oclb/>

Please "like" or "share" the above group on your "Timeline" if you have a Facebook account so we can get a little more exposure, even if you don't decide to join and/or follow it.



If you have a pool and/or spa, or know of someone who does and might host for us, even if they're not really in our "home area", we'd love to talk! Just use the feedback form in the prior column or any of our contact methods on the last page of this newsletter.

One thing we'd really like to find is someone willing to host in another area, like Palm Springs, with hopefully a pool and maybe a BBQ and ideally some place several of us can spend the night, instead of resorting to a hotel (with an added cost for many), but we can discuss options if you're willing – Just contact us and we'll talk about it!



Want to meet 1-on-1 or in a small group to chat & socialize sometime, on your schedule?

Right now I've got 2 new possibilities to meet... Best is where I am currently staying in Garden Grove near the Santa Ana border off Westminster/17th, between Harbor & Fairview. We can even hang nude for a while, if you like.

The second option is to meet at a nearby public place, like McDonald's on Harbor & Westminster.

If you're interested, please use any contact method on the final page here, though keep in mind email is usually responded to fastest.



Do you know anything of the "Hilltop Hot Spring" towards Mammoth in the Owens Valley off Hwy. 395 or the "Hot Spring Canyons" in the Santa Ana Mountains?

Contact us at any method on the last page if you do, as we'd love some info on the places.



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Can you **help us** have fewer hotel events by **hosting an event at your home sometime?**

Keep in mind the following perks if you do help us out...

We have a **new offer for event hosts!**

We're now offering the following, per event:

* **A guaranteed minimum of \$10 for indoor events, \$15 for spa/hot tub parties, and \$25 for pool parties.**

* A virtual certificate for free admission at 2 other home-based events. (Or \$5 off the door fee of a hotel-based event when pre-paid only.)

* **Updated:** You get \$3 per paid attendee and you pay no fee.

* Free membership for up to an additional year beyond your current membership OR a second free admission cert. (as above).

* Ask and you'll receive any help you need with house cleaning before the event. (Though I'm sure anyone doing much would appreciate a shower afterward, before the event starts. He also will receive the same admission & membership perks noted for the co-host below.)

* At the event, we'll try our best to have someone deal with cleaning things up and trash, as needed. (They will receive free admission to your event, plus free membership, as above OR free admission to a future event, as above.) -Events with over 12 guys or those when a co-host cannot stay the full time, we'll have a 2nd guy co-host. (And if we ever have a large pool party, we'll try to have a 3rd or more!) -You will not need to request such assistance - only if you need help with vacuuming, dusting, mopping, or whatever before the event.

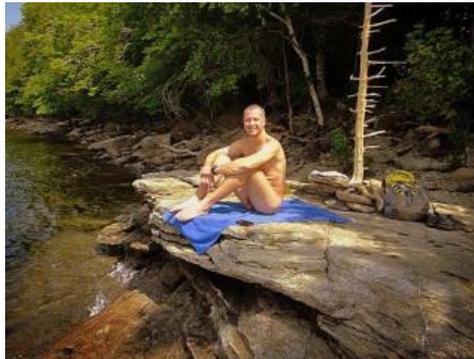
Alternatively to all the above, you're welcome to request a specific fee for the use of your place, but you'll need to be a current

member or the current basic membership fee will be deducted from said fee.

If you have any questions, comments, or concerns on this new policy, PLEASE ASK!

You're also welcome to offer any suggestions on this, if you think we can do better and/or are not offering at least the same as another SoCal brother club.

If you can host, please email us at BAMENclub@GMail.com or complete our new hosting form: <http://BA-MEN.Org/hosting/>



We're still very much looking for other opportunities for nude hiking, camping, and other hot spring trips!

If you know of a good place to hike, camp, or of a hot spring that is *preferably* less than 200 miles away, please let us know!

We're not only looking for places to do such, but for guys who can lead the way – and for such, esp. if you can also drive a carpool and give guys without the means to get there, we'll give you our host's current offer – free membership for up to a year! – Drop us a line (see last page for contact info) if you can help us out like this.

Keep in mind that most of the events currently scheduled are un-hosted, so if you would like to host an event on that date or near it, just let us know and we'll make any necessary changes! ▼

Classified Ads:

Need a Personal Assistant or Valet? House or Pet Sitter? Computer Work? House-Cleaning? Handyman? Or ???

If you're looking for someone to help a disabled/semi-disabled person, house-sit, and maybe tend to your plants or animals (for example, he loves dogs & knows how to deal with aquariums), or if you're looking for some sort of help or work on your computer or other electronics, or perhaps need a new light switch installed, please contact John before you spend 2-100 times the amount on someone who might cramp your lifestyle.

Since I'm "one of you", I don't care if you have gay porn laying around, live with your boyfriend, or like to walk around the house nude! –In fact, if you do like to be nude at home, I will likely join you in doing so while there.

You don't have to worry about your liquor or food if you're looking for a house-sitter, as I don't drink, and will obtain my own food. –And you don't have to worry about someone maybe hosting wild parties or whatever... I'll respect your wishes, whatever they might be.

If you are interested, please call John anytime at 714-248-6833 & leave a message or e-mail him at doctor34@gmail.com.



Your Ad Could Be Here !!!



Want to Submit a Classified Ad?

We feature *free* ads from members (or those paid for by others for a small fee that we accept for print).

If you wish to feature an item for sale, have a room for rent, your services to offer, etc, please get in touch with us via any method listed on the last page of this newsletter. ▼

Who is this Celebrity Guy?

In the last issue the celebrity was Benjamin Farmer in "The Falls: Testament of Love".

The answer to who the guy shown here is will be in the next issue.



A hint: He's a boxer. ▼

Happy Birthday Wishes To:

Eric A. on 03/09, Mike M. on 03/24, no April member birthdays, & JD G. on 05/22.

Become a member and get your birthday listed here too! ▼

Calendar of Events

(All Events Are *Tentative - An RSVP for all is required!*)

To RSVP for any event, please click the following link or send email to that address, or call us via any hotline on the last page if you have no email. You may also contact us at this address if you have questions about the event that are not answered here.

BAMENRSVP@GMail.com

You can best RSVP for an event via our new RSVP forms:

For all events, you may click:
<http://BA-MEN.Org/rsvp/>

Or for the direct link to each form:

For hotel-based parties, click:
<http://BA-MEN.Org/rsvp/hotel/>

For trip events, click:
<http://BA-MEN.Org/rsvp/trip/>

And for everything else, click:
<http://BA-MEN.Org/rsvp/main/>

Also, please take a moment to view our current polls online and help us shape the future of your club and our events:

<http://BA-MEN.Org/polls/>

Our deposit/advance payment policy for any hotel or trip event is if you cancel by the event's RSVP deadline or if we should have to cancel the event, you will get your money back in full via the same online payment service, or via a bank issued check by mail after your payment has fully cleared. Late cancellations may still receive a refund if others pay to attend in your stead.

At this time, for all events that request a deposit or advance payment, you may pay via check or money order (by mail), Square

Cash (Cash.Me or their app), Chime, Circle Pay, PayPal, Venmo, & PopMoney online, or you can pay in person in cash. Also we can accept credit & signature debit cards again in person and online. (Email or call to get our payment address or a location to meet us if paying cash or by card in person before the event, or to pay via one of the other methods.)

All deposits/pre-payments are due no later than Noon on the Friday the week before the event for online payments & U.S. Postal Money Orders, and all other checks & money orders are due by noon the Friday 2 weeks prior to the event.

BA-MEN provides a **drug-free environment**, and even things like "poppers" & "420" are not permitted at any time.

Also, **unless otherwise noted, smoking (even cloves & e-cigs) is not permitted.** ★



Need a Haircut?

At each of our scheduled hotel events (which is all but the meet 'n greet & Imperial Spa events on the calendar here), we'd like to offer you a free crew cut.

If you're interested, bring a large towel or sheet to capture the hair (and dump it in the trash carefully when you're done), and we'll be glad to give you a good buzz-cut.

The gent offering the haircuts (yours truly, the group President) is not professionally trained and is not asking for a cent (a tip

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would not be refused), but I can do a nice, even crew.

I can *try* to do other lengths, but I have never done so before, so there's no guarantee at all on how it might turn out. If you want to be a guinea pig and try something other than a crew, please bring a personal comb as well.

You will need to make your cut request (especially if not a crew!) known fully when you RSVP, as I will not bring the clippers if no one asks for one.

You're welcome to look at my own cut for an example of my work (and hopefully I've done it recently and it's not gotten shaggy).

★



Friday, March 31,
5:00pm-10:00pm

"Grimm" Finale & Massage Exchange w/Potluck Dinner

When/Cost/Where: 5pm-10pm 3/31, \$7 requested at door, location near 17th/Westminster & Fairview or Harbor in Garden Grove on Santa Ana border. (No one will be turned away for lack of funds.)

Google Map to complex street address:
<https://goo.gl/maps/KBhYJFVciNs>

To attend, RSVP no later than 9pm 3/30.

Attendance will be limited, so please only RSVP if you're very sure you'll be here.

Feel free to bring something to heat-up for dinner during an early evening break (7pm?). (It's OK if it's hot when you get here, as we can reheat if needed.)

We'll have a queen size bed available for massage trade from 5-7pm, break for dinner at 7, then watch "Grimm" at 8pm, followed by "Sleepy Hollow" (or maybe a movie if no one else wants to watch S.H.).

Once the shows and/or movie is over, or if you're not interested in what others are watching, massage trade may continue.

You may shower after a massage (or freshen-up on arrival), or feel free to trade body scrubs or wash someone's back (or whatever).

An "after-hours party" will be available for 1 hour following the event (end of movie or 10pm, whichever is later).

This is a non-smoking event in an upstairs condo with no pets present.

RSVP at: <http://BA-MEN.Org/rsvp/main/>

★



Saturday, April 8, 3-10pm

Movies & "Spa Day" w/Potluck (not at a spa)

When/Cost/Where: 3pm-10pm 4/8, \$7 requested at door, location near 17th/Westminster & Fairview or Harbor in Garden Grove on Santa Ana border. (No one will be turned away for lack of funds.)



Attendance will be limited, so please only RSVP if you're very sure you'll be here.

Google Map to complex street address:
<https://goo.gl/maps/KBhYJFVciNs>

To attend, RSVP no later than 9pm 4/7.

Come on over and pretend it's like a day at the spa & movie theater.

We'll have various movies (by popular vote) available via online on-demand, plus whenever you wish the shower's open to refresh or for body scrub exchange (don't know how? I'll demonstrate! Fun, relaxing, & refreshing!), and unless we have an offer of a table, the bed's open for massage exchange, and we'll also have time for a touch session - all among the willing, so don't feel free you must participate in any of them.

Please bring a potluck dish & snacks to share, plus your own beverages & towels. (A lg. beach towel or bath sheet, or even a flat bed sheet is suggested for massage, plus 1 dry to sit on at all times, & another for showering/scrubs is suggested.)

When RSVP'ing, PLEASE incl. 3-5 movies or genres you'd most like to see in the comments box so we can have a quick vote on what to watch.

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RSVP at: <http://BA-MEN.Org/rsvp/main/>



Saturday, April 22, 10pm?-???

Meet 'n Greet at Hamburger Mary's Long Beach

(Clothed)

Let's go to "Kub Kamp" with go-go bears & cubs!

Hamburger Mary's Long Beach location is at:

330 Pine Ave., Long Beach, CA 90802

Google map & directions:

<http://bit.ly/HM-LB>

You'll be responsible for your own bill, so buy whatever you like and can afford... Unfortunately we can't arrange a discount, but there's no cover there at this time nor is there a required donation... Though if you wish to make one, we will not object.

If you want a little info on the restaurant, see:

<http://www.hamburgermarys.com/longbeach/>

You can also check out their menu at: <http://www.hamburgermarys.com/longbeach/HMLongBeachMenuA.jpg>

If you're not familiar with Hamburger Mary's, it's a gay owned & operated chain, though some locations are franchisees.

There are other locations in SoCal, incl. WeHo & Ontario, but Long Beach is in our home range, where the others are 30+ miles away for most of us.

We plan to meet there prior to 10pm, and I'll try to get you a map of where the nearest 2 hour free parking lots are exactly (their map shows 2 within a few blocks), as the nearest parking is \$5, which covers all evening.

Their menu appears to have entrees ranging from \$12 to \$20+, but the place has good reviews. :)

Join us for an enjoyable evening, along with a chance to chat about the club & meet guys before you gotta get naked. :)

RSVP at: <http://BA-MEN.Org/rsvp/main/>



Friday, April 28, 7pm-???

Meet 'n Greet at Hamburger Mary's Long Beach

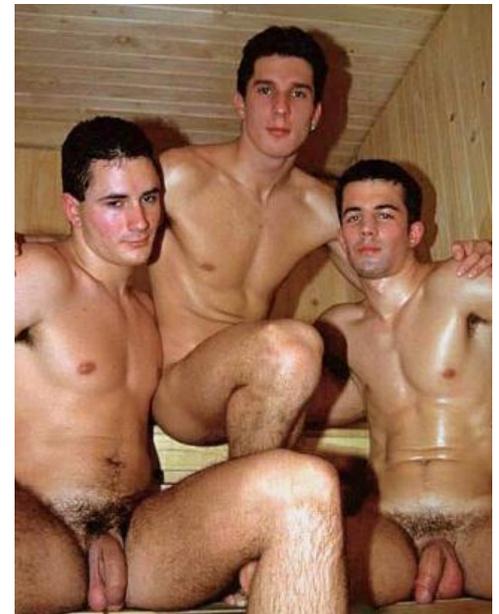
(Clothed)

See 4/22 event for info on Hamburger Mary's Long Beach.

We plan to meet there about 7pm, and I'll try to get you a map of where the nearest 2 hour free parking lots are exactly (their map shows 2 within a few blocks), as the nearest parking is \$5, which covers all evening.

At 9:30 there's a drag show, then at 10pm they have a dance club with "Go-Go boys & girls" and an apparent \$5 cover. -There is no cover if you enter prior to 10pm.

RSVP at: <http://BA-MEN.Org/rsvp/main/>



Upcoming Events:

April or May: Starland Retreat in Yucca Valley towards Joshua Tree.

June ?: San Onofre Nude Beach (but not the State land due to their current rules, so we'll go past the fence piece to the Marine base land, like everyone else that goes there still and gets naked.)

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Sat. 8/12/2017: Annual President's Birthday trip to Catalina Island (Maybe rent a room on the island for a party and get naked?!?) We'll have more info on this in the next issue!

Fall 2017: Tecopa Hot Springs long weekend trip.

Plus more to be announced!



Can **YOU** Host an Event???

We're always looking for guys to host events at their home or other suitable venue that they have access to, and right now we're mostly looking for guys who can host ANY kind of indoor event!

We seriously need some new guys to host, and would love to see some of our past hosts help out as well.

(Speaking of which, if you hosted in the past and had some sort of issue with the event, can we *please* talk about it and see if we can't overcome whatever the problem was?)

I know some guys have commented at times about what I've said, but **PLEASE keep in mind I'm just making suggestions! I'm not trying to say you HAVE to do this or that**, just making suggestions based on various experiences and requests our members & non-member attendees have made.

No matter your limitations on hosting, we can work with you, including no alcohol, no smoking (most of our guys prefer this), limited or no immediate area parking, you need a lot of help before you can host, or whatever!

Seriously, we can help vacuum and/or other cleaning ahead of time... Just ask!

If you have female roommates/relatives (etc), then perhaps you can plan for something when they are out of town.

If you've got male roommates you're not sure if they will feel OK with such, try asking them sometime if they've ever been to a nude beach and see what they say... Or if you think that even that might mess up your relationship, then invite myself or even a handful of guys over sometime when he/they are there and let us bring up the subject. Should it go well, we can even bring up the idea of hanging nude and see what they think... And even offer to be first to get naked then and there and give it a try, should they wish.

BTW, even guys in a studio apartment can & have hosted events for us – we just set a limit on attendance.

We can do potlucks, snacks-only events, order pizza or Chinese food, or no food at all – whatever you wish!

In the past we've held all sorts of events, including movies, games, massage trades, Jacuzzi soaks, nude workouts, touch sessions, and even various workshops, including art drawing/painting, learn basic massage, and more! And even a plain social with no specifically planned activity works, too.

If you can only do it at noon for an hour on Tuesdays, we can work with that as well!

Granted, Saturday afternoons or evenings are always the most requested by our attendees, but it's not what we're limited to.

If you host, you get to pick what we do when, any limits, etc.

You also get \$3 per paid attendee, don't pay yourself (or any male roommates), plus you get free membership for a year and 2 free (for home) or discounted (when possible) event admissions for future events you'd like to attend.

If you'd like to talk about it, I'm open to any method! -Start by emailing (or calling if you need to) one of our addresses on the last page of this newsletter, letting us know you're interested in hosting, and if you phone, be sure to leave your number(s) and time to call or not call if we can't call 24 hours a day, 7 days a week. :)

I'm open to emailing, calling, meeting in person, or perhaps even an online chat and working things out.

So what do you think???

If you want to discuss it, email us: BAMENClub@GMail.com

Or complete our new form at: <http://BA-MEN.Org/hosting/>



If You Can't Host, Can You Spare a Buck?

We're looking for a few guys who can donate towards club expenses even when we're not hosting an event and accepting any funds from that.

Our club's been dwindling down a bit in membership, and we're in need of some new members... And some guys that can host events would be really, truly, appreciated. The trick is finding them!

So what we'd like to do once again is run some ads in various places, like *The Blade*, *Frontiers*, etc. We'd also like to keep a site on Meetup.com going (\$20/mo., or \$15/mo. if paid 6 mos. In advance). Many of these in

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the past got us quite a few new members and guests.

But those ads cost money, often \$30-\$40 an issue, which isn't all that inexpensive compared to what little funds we still have from this past year.

We can accept PayPal, Venmo, Circle Pay, Chime, Square, & Square Cash (app or Cash.Me), PopMoney, as well as check, money order, or cash, & signature credit & debit cards in-person, by phone, or online.



If you can help out, please email us (see last page for address) with your preferred method of payment and we'll send instructions.

Any amount is appreciated, but keep in mind some of these charge nearly \$0.50, so \$1 doesn't go far, and PopMoney, if the fee is passed on to us, costs \$0.95, so less than \$3 is kinda pointless there.

The ones that use debit cards or bank account debit tend to be free, including Circle Pay, Venmo, Chime, & Square Cash.

Thanks for your consideration!



Want to do Yoga?

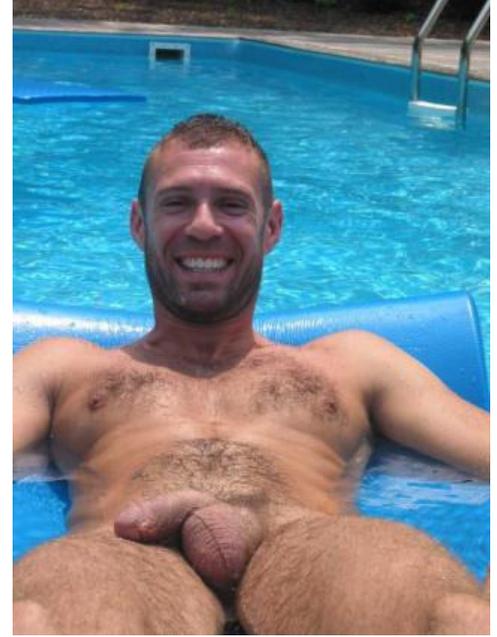
We need a few donations to start a collection of yoga DVD's if we are to start doing yoga via DVD as many of you voted for in our online polls.

If you can offer something to help cover the cost of such videos (typically \$50-\$60 each, give or take), one of the options we have is to use PayPal, and you may do so at:

<https://www.paypal.me/bamensocal>

All gifts to the club for this purpose are appreciated, but non-refundable, so be sure you're OK with it before donating.

We will keep your donation anonymous unless you state otherwise.



Got a Pool, Spa, Hose OK, or Just a Private Yard?

We're always looking for indoor hosts, but the time is rapidly approaching where we can be comfortable nude outdoors, and we'd like to find someone, hopefully near Orange County, or the greater Long Beach & South Bay areas, but we'll take a pool offer just about anywhere!

Besides \$3 per fully paid guy attending, we offer free membership, help with the event, paper/plastic goods, and more!

And if you need help house-cleaning or something, just ask! Ditto if you don't normally heat the pool.

For most events, we guarantee \$10, but for spa soaks we up that to \$15 and \$25 for pool parties, though usually they are far beyond that. :)

Let us know and we'll work with you!

Contact us by any method on the last page, or complete the new hosting form:

<http://BA-MEN.Org/hosting/>



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To become a member and receive our monthly newsletter, see our web site, or please send the amount below, preferably via Money Order or cashier's check, to the address in contact methods, and make it **payable to John E.**

Membership Form

Name(s) _____

Address _____

City _____

State _____

Zip _____

Phone (____) _____

E-Mail _____

Birthday Month & Day _____

Please check as appropriate:

Is this a: New Membership Renewal

Membership Options:

1 Year - Electronic Newsletter (e-mail/download): \$10/year

Partners or Roommates add \$5 for each to the above.

Lifetime - Electronic Newsletter \$50 sgl./\$75 cpl.

College Student or Limited/Fixed Income - Electronic Newsletter \$5/year (Contact us first!).

Would you like your:

Name & last initial on our members' contact list?

Yes No

Phone # listed also? Yes No

E-Mail Address also? Yes No

Would you permit your photo to be used in:

Our newsletter & online members only areas?

Yes No

Our public web site? Yes No

Other clubs newsletters? Yes No

Can you offer or do you need a ride or wish to carpool to events?

I can offer a ride. I need a ride.

I wish to carpool.

For ride-sharing purposes, what area do you live in?

Nearest **Major** Intersection - N/S Street first, please:

City _____

Zip _____

How did you first learn about our group? (Be specific!)

If you are interested in joining via **credit/debit card or electronic check**, please check our website, e-mail us, or call us at one of the numbers below for more information. You can join our club online at:

<http://BA-MEN.Org/signup/>

Our Group's Purpose

(Southern California) Beach Areas Men Enjoying Naturism (AKA **BA-MEN**) is a men's naturist/nudist social group. **Our focus is as a loosely organized social club, not a sex/adult activity club.** (Any sexual activities are at the discretion of the event's host, and we support only safe sex activities.)

Fees: In addition to our membership fees (see left column), we may collect a donation of anywhere from \$0 to \$10 per member, first time guest, or brother club member (with proof, please) per event, and \$7-\$15 per other non-member per event. -This does not take into consideration any additional amount for the host's or venue expenses. If you cannot afford the posted door fee, please let us know when you RSVP and we'll see if we can't help you out!

People: We are not a clothing-optional club, instead we **require nudity.**

We are a **private, not-for-profit** club that accepts males of all ages (as long as you are at least age 18), nationalities/race, sexual orientations, and religions.

It does not matter your body type: Fat, skinny, tall, short, or whatever your penis size, you're always welcome at **BA-MEN!**

Guests, visitors from other clubs, and new members are **always** welcome!

Contact Methods:

• **E-Mail:** BAMENclub@GMail.com

Please also be sure to have the above addresses added to your "White" or "Approved" lists and check your spam or bulk mail folders to make sure it did not get caught there. (We've been having problems with Yahoo & AOL either trashing or deleting mail to or from us, so you might try another free service like GMail.com, a great free service from Google.

Feel free to also contact us at our secondary address:

BA-MEN@BA-MEN.Org

• **24 Hour VoiceMail Phone Numbers:**

Long Beach area: (562) 507-1-BA-MEN [(562) 507-1226]

Compton area: (424) 785-4-BA-MEN [(424) 785-4226]

Garden Grove area: (714) 643-BA-MEN [(714) 643-2263]

Laguna Beach area: (949) 436-9-BA-MEN [(949) 436-9226]

All of our hotline numbers support incoming text (SMS) messages from cell phones, as well as voice messages.

• **US Mail:**

If you need to send us U.S. Mail, please e-mail or call us for a temporary mailing address.

For the **fastest** response, please contact us via e-mail.

• **Web Site:**

<http://BA-MEN.Org>

• **Yahoo Group Forums & Mailing Lists:**

<http://groups.yahoo.com/neo/groups/BA-MEN/info>

And for members only:

<http://groups.yahoo.com/neo/groups/BAMEN-Members/info>

Announcements only:

<http://groups.yahoo.com/neo/groups/BAMEN-Announcements/info>

Event Details only:

<http://groups.yahoo.com/neo/groups/BAMEN-Calendar/info>

Newsletters only:

<http://groups.yahoo.com/neo/groups/BAMEN-Newsletters/info>

• **We are on Tumblr at:**

<http://BA-MEN.Tumblr.com>

Newsletter: The deadline for submission of items is the 15th of the month prior to publication, or the 20th of the prior month if submitting online.

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